



GriefShare

You don't have to walk this alone.

The loss of a loved one is so very difficult. If you find yourself in a season of bereaving a loved one, you are invited to join others as we travel together through GriefShare. GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone.

GriefShare seminars and support groups are led by people who understand what you are going through and want to help. You'll gain access to valuable GriefShare resources to help you recover from your loss and look forward to rebuilding your life.

There are thousands of GriefShare grief recovery support groups meeting throughout the US, Canada and in over 10 other countries.

GriefShare is a group meeting where you can find help and healing for the hurt of losing a loved one. This video based ministry features emphasis on a biblical approach to grief recovery recognizing that real healing from the intense emotions of grieving and loss is through Christ. Each participant will receive a free workbook to use daily at home, and during the weekly viewing of the GriefShare video.

Participants from previous GriefShare groups have affirmed GriefShare as being a powerful tool in their healing journey.

A GriefShare group will be offered on Wednesday September 27th . If you are interested in joining this group, please contact me at 737-7923 ext. 104 or email healthministries@aldersgatechurch.net



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Starting Wednesday September 27th at 3:30pm till 5:00pm