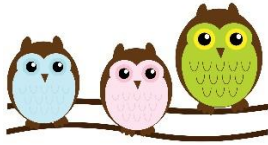


## NEW Single & Parenting Group Study



If you're a single parent, you're probably tired, overwhelmed and feeling a bit underappreciated. Single & Parenting groups—share tips and parenting wisdom that will help you find rest, hope and encouragement. At a Single & Parenting group, you'll participate in video seminars. The videos are interesting and dynamic to watch, and filled with practical advice you can easily apply.

- Life-changing teaching from counselors and professionals who have been, or who work with, single parents
- Single parents who've faced parenting dilemmas and share the solutions they found
- Demos on how to handle tough situations with your kids

Through the use of the videos and FREE workbooks, together we will address topics of interest that will include;

- Wisely encourage your kids to obey
- Help your hurting child
- Eliminate debt
- Deal with verbal onslaughts
- Figure out what your emotions are telling you

After viewing the video, you'll spend time in a small group and discuss the video concepts and how to apply them. Each group member will also have the opportunity to talk about what is going on in his or her life. It's encouraging to realize the things you're facing as a single parent are normal and survivable!

Plus, you'll develop meaningful friendships with other single parents, who, like you, are tired of hectic mornings and chaotic evenings, the kids fighting, and a never-ending to-do list. This course is developed by Church Initiative, teachings from a Christian perspective.

**Starting on Wednesday Sept. 27<sup>th</sup> from 6:30pm to 8pm, for 13 weeks.**

**Take the guesswork out of parenting alone. Join us by registering with Carol Healthministries@aldersgatechurch.net or 737-7923 ext., 104 or Online at [www.aldersgatechurch.net](http://www.aldersgatechurch.net) What's Up Wednesday**